



Safer Sleeping Policy

Sleeping children

We do not offer the facility for children to take sleeping opportunities.

However, if a child does 'drop off' during the session or becomes unwell and needs a safe place to rest. The following applies –

We will record the name of the child and the length of time the child is left to sleep. We would allow up to 20 mins.

- The child will be placed on a clean mat
- No covers will be used
- An adult will supervise for the duration of the sleep
- The child will be woken gently and given time to adjust to being awake
- Parents will be informed of the sleep

We will also record:

- If the child has sleep due to tiredness or illness

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